



Lunch Menu

APPETIZERS

STEAK & GORGONZOLA FLATBREAD 13

caramelized onions, tomatoes, salsa verde

BUTTERMILK CHICKEN STRIPS 12

house breaded chicken strips tossed in your choice of BBQ, buffalo, garlic parmesan, or sweet Thai-chili sauce

AHI TUNA POKE NACHOS 13

diced ahi tuna marinated in honey-soy sauce, shredded lettuce, diced tomato, diced cucumbers, chopped pickle ginger, wasabi-coconut drizzled, wonton chips, sesame seeds

BAM! BAM! SHRIMP 13

sweet and spicy fried shrimp

FILET AND HUMMUS 16

with warm naan bread and vegetables

CHICKEN WINGS 16

tossed in your choice of BBQ, buffalo, garlic parmesan or sweet Thai-chili served with ranch or blue cheese dressing

SOUP & SALADS

SALAD ADDITIONS -
CHICKEN 7 / SHRIMP 8 / SALMON OR AHI TUNA 9

SOUP OF THE DAY 4 / 7

TOMATO BASIL 5 / 8

CLASSIC CAESAR 6 / 9

chopped romaine, grana Padano crisp, herb croutons, creamy Caesar dressing

CC CHOPP SALAD 8 / 12

grape tomatoes halves, hardboiled egg, blue cheese crumbles, chopped bacon, sliced avocado, with poppy seed dressing

LEMON ARUGULA SALAD 8 / 12

toasted pepitas, cherry tomatoes, carrots, goat cheese, cucumbers, black olives, parmesan, tossed in a lemon vinaigrette

POWER BLEND SALAD 12

kale power blend mix, mixed greens, shredded carrots, garbanzo beans, avocado, roasted beets, balsamic vinaigrette

ASIAN SALAD 12

field mix greens, shredded carrots, cucumbers, chopped pickled ginger, half grape tomatoes, wonton strips, tossed in a Thai-peanut vinaigrette

POWER BOWLS & HANDHELDS

BOWL ADDITIONS - CHICKEN 7 / SHRIMP 8 / SALMON OR AHI TUNA 9

EACH HANDHELD COMES WITH 1 SIDE

French Fries | Sweet Potato Fries | Onion Rings | Coleslaw | Fruit

POWER BLEND BOWL 12

brown rice, garbanzo beans, kale power blend mix, grape tomatoes, avocado, hardboiled egg, sweet & sour drizzle

BENTO BOWL 14

brown rice, cucumber, tomatoes, avocado, edamame, shredded carrots, chopped pickled ginger, pineapple pico, wasabi-coconut drizzle

VEGAN POWER BLEND WRAP 12

impossible beef* sauteed with onions & peppers, blend of kale, cabbage, garbanzo beans, in our house vinaigrette with sliced avocado

BLACK & BLUE BEEF SANDWICH 16

beef tenderloin medallions, melted provolone and blue cheese, caramelized onions, horsey cream slaw, hoagie roll

CALIFORNIA BLT WRAP 16

your choice of grilled salmon or grilled chicken, lettuce, tomato, avocado, bacon, ranch dressing wrapped in a warm tortilla

TURKEY RACHEL 13

coleslaw, roasted turkey, swiss cheese, rye

GRILLED PORK CHIMICHURRI 14

marinated pork tenderloin, lettuce, caramelized onion & peppers, melted swiss cheese, chimichurri, baguette

COCONUT SHRIMP TACOS 15

cilantro-coconut dressing, sweet chili cabbage slaw, pineapple pico

CLUB SANDWICH 14

green leaf, tomato, mayo, American cheese, turkey, bacon, ham

CLUB SPECIAL BLEND BURGER 16

green leaf, tomato, onion, house secret sauce, pickle spear

QUESADILLA 12

with peppers and onions, shredded lettuce, diced tomato, salsa, and sour cream

CLASSIC CHICKEN SANDWICH 12

butter milk crispy chicken breast, house secret sauce, pickles

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness*